

The image is a banner for Anti-Bullying Week. It features a dark blue background with several lighter blue circles of varying sizes scattered across it. In the top right corner, there is a vertical lime green bar. The text is centered in the lower half of the image.

Anti-Bullying Week

BY YOUR SCHOOL AND SAFEGUARDING COUNCIL Y6

What is bullying?

Bullying happens over a long period of time. There is a victim and the bully. There are many types of bullying: verbal, physical and cyber.

Physical bullying is where someone harms or hits another person multiple times on purpose.

Verbal bullying is where somebody calls someone else mean names or makes them feel bad themselves because of something someone else has said.

Cyber bullying is when you're being insulted or abused on the internet using laptop, tablet or computer cameras to spy on your private life.

Playing nicely

- ▶ Playing nicely is important because if not you could be very rough and hurt someone physically or hurt their feelings.



Don't be over competitive
when you're playing games

Don't say anything to hurt
somebody else's feelings.

Choose your friends wisely

Don't play with people you know you will fall out with because it can lead to arguments and then fallouts and even bullying!

Don't leave people out even if you don't want to play with them.



The kiva reps.

If you feel sad, unhappy or left out at break time a kiva rep is always there to help. Just ask us.

Here is the rota for the kiva reps this half term:

Monday: Owen

Tuesday: Alex

Wednesday: Lorenzo

Thursday: Sonny

Friday : Hannah D

Come and talk to them if you think you're being bullied.

What do you do if you think you're being bullied?

- Tell someone
- Ask for advice from a friend
- Stand up for yourself
- Tell a kiva rep
- Report to an adult



Thank you for watching

ANY QUESTIONS