



PE: Progression in Knowledge and Skills

Adventure

Key Stage 2				
Year Group	Key Knowledge	Key Skills and knowledge		
Early years		orientation	Communication	Problem solving
KS1	Children will need to know: Directional language What potential hazards/dangers could be	Identify positions on simple maps and diagrams of familiar environments. Understand position on a map and locate key features and directions Use a simple map to follow a trail	Work cooperatively with others Plan and share ideas	Discuss appropriate trails and solve problems Select appropriate equipment for a task
LKS2	What preparation means What roles could involve How to determine strengths and weaknesses How to work effectively as a team	Orientate simple [lanes and maps Mark control points in correct position Find way back to base point	Cooperate and share roles in a group Listen to each other Take responsibility for a role Recognize dangers and use caution when appropriate Follow rules to keep safe	Choose effective strategies and change ideas if not working
UKS2	How to use equipment safely and correctly How to move objects safely	Draw maps and plans to set a trail for others to follow Use the eight points of a compass to orientate Plan an orienteering challenge	Plan and share roles dependent on group strengths Understand each other's roles and responsibilities Adapt ideas and roles if it is not working Recognize and discuss potential hazards/dangers Recognize how to keep others safe	Plan strategies/ plan routes/ follow trails/ build shelters Implement and refine strategies