

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway and Barrows of Bollington*

We use free range eggs, organic yogurt, organic Mornflake oats and MSC fish.

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

Fresh Catering

Autumn/ Winter 2023-24

At: Buglawton Primary School

November 2023

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					





Autumn/ Winter Menu 2023-24

Week 1

Week 2

MONDAY

Ravioli with a
Homemade Tomato
Sauce (v)

Jacket Potato with a
Choice of Filling/s (v)

Lemon Bites, Yogurt
or Fresh Fruit Platter

TUESDAY

Butchers or Veggie
Sausage, Mash Potato,
Vegetables & Gravy

Vegetarian Sausage
Tomato Pasta (v)

Steamed Pear, Peach
& Sultana Sponge
with Custard or Fruit

WEDNESDAY

Gammon or Quorn
Fillet with Potatoes,
Carrots, Peas & Gravy

Jacket Potato with a
Choice of Filling/s (v)
or Hot Gammon Sub

Chocolate Crunch
Finger with Fruit
Chunk or Fresh Fruit

THURSDAY

Sticky Chicken Fillet
with Savoury Rice

Loaded Potato Skins
with Baked Beans or
Cheese (v)

Fruit Crumble &
Custard or Fresh Fruit
Platter

FRIDAY

Fish Fingers with Chips
and Peas or Baked
Beans

BBQ Quorn Tortilla
Boat with Chips (v)

Banana & Chocolate
Muffin or Fresh Fruit
Platter

MONDAY

Homemade Cheese &
Tomato Pizza with
Rice & Pasta Salad (v)

Jacket Potato with a
Choice of Filling/s (v)

Shortbread Finger
with Fruit Chunk,
Yogurt or Fresh Fruit

TUESDAY

Minced Beef & Potato
Pie with Vegetables

Homemade Italian
Pasta Bake (v)

Berry Buns or Fresh
Fruit Platter

WEDNESDAY

Roast Pork or Quorn
Fillet with Potatoes,
Carrots, Peas & Gravy

Jacket Potato with a
Choice of Filling/s (v)
or Hot Pork Sub

Oat & Sultana
Cookie or Fresh Fruit
Platter

THURSDAY

Chicken Korma with
Rice & Cous Cous

Cheesy Pasta (v)

Apple & Banana
Cake or Fresh Fruit
Platter

FRIDAY

Fish Fingers with
Chips and Peas or
Baked Beans

Mini Omelette
Popovers with Chips
& Beans or Peas (v)

Chocolate Surprise
Sponge & Chocolate
Sauce or Fresh Fruit

